



ISF ORIENTEERING 2008  
**WORLD SCHOOLS' CHAMPIONSHIP  
EDINBURGH / SCOTLAND  
21 – 27 APRIL**



**ISF ORIENTEERING 2008**  
**WORLD SCHOOLS' CHAMPIONSHIPS**  
**Edinburgh, Scotland**  
**21<sup>st</sup>-27<sup>th</sup> APRIL 2008**

**BULLETIN 3**

Bulletin 3 gives further information about the ISF World Schools' Championship in Orienteering organised by the Scottish School Sport Federation, the Scottish Orienteering Association and the local orienteering clubs.

Bulletin 3 is sent to:

- ISF Executive Committee Members;
- ISF Member Countries and ISF Associate Member Countries who sent their application form and confirmed their participation
- ISF Members of the Technical Commission Orienteering;
- IOF

## **1. PARTICIPATION**

- 1.1. All ISF member countries and associate member countries are eligible to enter the competition. Eight (8) teams (1 school team and 1 selected team in each category) may represent each country. A country must enter a school team in a category before entering a selected team in that category. Only when a school team has been entered, will a selected team be accepted in the same category.
- 1.2. Participants must be attending schools providing general education. Each team consists of 5 runners + 1 teacher/coach. The runners must be students from the same school which they are attending regularly from the beginning of the school year 2007-2008.

Heads of Delegation must present documents, which prove that the pupils have attended courses in the participating school during the school year 2007-2008, and are still attending these courses. These documents must be approved and signed by the director or an authorised person of the school.

**The head of delegation is the only intermediary between his delegation and the Organising Committee (OC), the Technical Commission (TC) and The Executive Committee (EC).**

## **2. CATEGORIES**

Only pupils born between 01. 01. 1991 – 31. 12. 1994 are allowed to participate.

**Older or younger pupils are not allowed to participate.**

**Mixed teams are not allowed.**

H1	boys born in 1991 and 1992
H2	boys born in 1993 and 1994
D1	girls born in 1991 and 1992
D2	girls born in 1993 and 1994

- 2.1. A complete delegation consists of a maximum of 50 persons (1 head of delegation, 1 deputy head of delegation, 8 coaches, 4 teams of girls and 4 teams of boys).

- A nation entering less than 5 teams may not be accompanied by a deputy head of delegation.
- 2.2. The following pupils are not allowed to enter the competition:  
(ISF General Rules of competition 7.7.)
- pupils of vocational schools - i.e. young people attending a vocational school in addition to their vocational training.
  - school teams of schools giving athletic training without any general education.
  - part time sport schools (schools taking pupils of different schools part time in order to give them instruction in sports)
  - teams set up in companies, universities or other institutions.

### 3. ACCREDITATION

- 3.1. Participating teams must be nominated and confirmed by an official of the National Authority of School Sport in that country.
- 3.2. Entry forms must be signed, sealed/officially stamped by the National School Sport Authority and sent to:

ISF WSCO 2008  
Blair Young  
7 St Ninians  
LANARK  
ML11 7HX  
UK

Phone: + 441899220144  
Fax: + 441899221265  
E-mail: WSCO2008@biggar.s-lanark.sch.uk

- 3.3. The enclosed third and final application form, including names of athletes, coaches, etc, and two recent photo's for identification purposes, must be returned not later than 1<sup>st</sup> March 2008.
- 3.4. **Any country that has not yet paid a deposit must transfer the amount due immediately!**

#### Bank details

Name of the account: ISF, Leopold II-laan 184 D, 1080 Brussels, Belgium  
Name of the Bank: FORTIS BANK  
Address of the Bank: Pastoor Coplaan 202, B - 2070 Burcht, Belgium  
SWIFT code: GEBABEBB  
IBAN Number: BE03 0015 2130 7984  
REFERENCE: ISF ORIENTEERING 2008 + name of the participating country

### 4. PROGRAMME

**Monday 21. 04. 2008**

Arrival, Accreditation of teams.  
09.00 - Secretariat is open  
18.00 – 20.00 Dinner  
24.00 Secretariat is closed

**Tuesday 22. 04. 2008**

Training, model event, Meeting for Heads of Delegations, Opening Ceremony, Draw of starting order, Technical meeting for Heads of Delegation and coaches concerning the Long distance race.  
07.30 – 22.30 Secretariat office  
08.00 – 09.30 Breakfast (+ packed lunch)

09.00 – 09.30 Meeting for Heads of Delegations  
(Information on the Model Event, Opening Ceremony, Draw of starting order)  
10.30 – 14.00 Model event  
17.00 - 18.15 Dinner  
18.30 – 20.00 Opening ceremony  
20.30 – 21.30 Technical Meeting for Heads of Delegations and coaches(information about Long distance race, start list)

**Wednesday 23.04. 2008**

Long Distance race.  
08.00 – 21.00 Secretariat opening hours 8,00 - 9,30 / 15.00 - 16,00 / 18,00 - 21,00  
07.30 – 09.30 Breakfast (+ packed lunch)  
11.00 – 15.00 Long Distance race  
11.00 – First starts  
15.00 – Courses close  
16.30– 17.30 Prize-giving ceremony (individual results in Long distance race)  
18.00 – 20.00 Dinner  
20.00 – 20.30 Meeting for Heads of Delegations (information about Wednesday, Cultural Tour, ...)

**Thursday 24. 04. 2008**

Cultural Tour, Meeting of the Heads of Delegation and Coaches (Middle Distance Race, the Friendship Team Event and the organisation of the Tourism Fair), Evening for Heads of Delegations.  
08.30 – 21.00 Secretariat opening hours 8,30 - 10,00 / 16,00 - 20,00  
08.00 – 09.30 Breakfast (+ packed lunch)  
10.30 – 15.30 Cultural Tour  
17.00 – 18.00 Technical Meeting for the Heads of Delegation and Coaches (information about Middle Distance Race, Friendship Team Event and organisation of the Tourism Fair)  
18.00 – 20.00 Dinner  
18.00 – 22.00 Evening for Heads of Delegations

**Friday 25. 04. 2008**

Middle Distance Race, Tourism Fair  
08.00 – 21.00 Secretariat opening hours 08.30-10.00 / 16.00 -21.00  
07.00 – 09.00 Breakfast(+ packed lunch)  
11.00 – 14.30 Middle Distance Race  
11.00 – First starts  
14.30 – Courses close  
17.00 – 18.30 Dinner and preparation for the Tourism Fair  
19.00 – 20.00 Prize-giving Ceremony (individual results in Middle Distance Race)  
20.00 – 22.00 Opening of the Tourism Fair with presentations and performances from each country, Teams for the Friendship Team Event published

**Saturday 26. 04. 2008**

Friendship Team Event, Prize-giving Ceremony for the overall team results in the Long and Middle Distance Events, Friendship Team Event, Closing Ceremony, Farewell party.  
08.00 – 21.00 Secretariat opening hours 8,30 - 9,30 / 13,00 - 15,00 / 18,00 - 20,00  
07.30 – 09.00 Breakfast (+packed lunch)  
10.00 – 12.00 Friendship Team Event  
???????? – Mass start  
???????? – Course closes  
14.30 – 16.00 Prize-giving ceremony (overall team results in Long and Middle Distance Races, Friendship Team event and ISF Fair Play Trophy) + Closing Ceremony  
16.30 – 18.00 Dinner

18.30 – 22.00 Farewell Party

**Sunday 27. 04. 2008**

Departure of delegations.

06.30 – 11.00 Secretariat opening hours 06.30 – 11.00

07.30 – 09.30 Breakfast (+ packed lunch)

## 5. SPECIFIC RULES

- 5.1. The competitions will be held according to IOF and ISF rules.
- 5.2. The maps will be drawn and printed according to IOF rules (equidistance 5 m, 5 colours, scale 1: 10 000, NB for Friendship Team Event - 1:7500).
- 5.3. Distances and Winning times

### Long Distance competition

Categories:		expected winning time / max. distance
H1	boys born in 1991 and 1992	42 – 45 min. 6.500m
H2	boys born in 1993 and 1994	32 – 35 min. 4.500m
D1	girls born in 1991 and 1992	37 – 40 min. 5.500m
D2	girls born in 1993 and 1994	30 – 33 min. 3.500m

### Middle distance competition

Categories:		expected winning time / max. distance
H1	boys born in 1991 and 1992	25 – 27 min. 4.000m
H2	boys born in 1993 and 1994	19 – 21 min. 2.700m
D1	girls born in 1991 and 1992	25 – 27 min. 3.300m
D2	girls born in 1993 and 1994	19 – 21 min. 2.100m

- 5.4. Races and classification
- 5.4.1. In each category, School Teams and Selected Teams will cover the same distance on separate courses in the same area with different control points. This will result in courses of varying difficulty.
- 5.4.2. Friendship Team Event

According to the spirit of ISF, the Friendship Team Event will take place in the form of teams composed of boys and girls from the different participating countries. All other delegation members, coaches and accompanying adults are also invited to participate.

Each team will consist of three competitors from different countries. Each runner will receive a map with all of the controls and the control descriptions before the race. The time allowed for planning the team's routes must be at least 60 minutes. The start will be a mass start. The teams will decide how to share out the controls and which member visits which control. The winner will be the team that returns to the finish in the shortest time, having visited all the controls. Two obligatory meeting points, manned controls A and B, will be marked on the map. At controls A and B, all three team members must meet and punch their SI control cards together, at the same time. The teams will run together from the last control to the finish line, crossing the finish line all holding hands. The time of each team will be recorded as the last team member crosses the finish line.

The emphasis of the event shall be fun and co-operation between the young people rather than competition. **The expected winning time is 35- 40 min.**

We recommend the use of either training shoes or O shoes with no metal spikes for the Friendship Event. This is mentioned for health and safety, as running through the streets in spikes could be dangerous. The main area for the event is short grass with some very steep slopes that will be slippery if wet.
- 5.4.3. The starting order for the official competitions will be determined by a draw on the morning of April 22nd, 2008. Runners in the same category will start at intervals of 2 minutes (according to the number of participants in the different categories).

- 5.4.4. The electronic punching system **SPORT IDENT** will be used. Needle punches will be at all control points for use as back-up should the SI unit at the control fail.  
Starting numbers for both competitions will be given to coaches at the technical meeting on April 22nd 2008. During accreditation, the delegation leaders will receive SPORT IDENT control cards (SI-Cards) for all participants by paying cash deposit of 100 EUR. The SI cards will be used at the training, at both competitions as well as during the Friendship Team Event. After the Friendship Team Event, the SI cards have to be given back to the Secretariat. A charge of 30 EUR will have to be paid for each non-returned card.
- 5.4.5. During all competitions, water will be available at certain points in the competition area. These refreshment points will be indicated on the map.
- 5.4.6. The control descriptions for each competitor's course will be printed on the front side of the competition map. Information about all control descriptions will be given out at the first Technical Meeting. A separate control description for each course and for each competitor will be available before the competition, in the start lanes.
- 5.5. Classification of the teams  
For both races (Long and middle distance), the classification of the teams will be made by adding the three best individual times of each run. The general classification will be made by adding the results of both runs (Middle and Long distance). The winning team will be the team with the best result.  
When two teams achieve the same time, the team showing the best result on the Long distance will be declared winner. In the case of equal results, the best individual time of the Long distance run determines the winner. When both teams are again equal, the second time decides who will be declared winner and so on.
- 5.6. Prizes  
**Classification of the teams:** the 3 best teams of each category (selected teams and school teams separately) will be awarded prizes.  
**Individual classification:** the 6 best individuals of each category and each race (Long and middle distance) will be awarded prizes, The first 3 in each category will receive medals.
- 5.7. Description of the competition areas  
  
Long Distance: Devilla Forest The area is a man-made plantation with numerous tracks and rides. The runnability is very variable. The underfoot conditions include: heather, short grassland and following recent forestry work, branches on the ground. Rhododendron bushes are accurately mapped as being impenetrable and these are a major feature in some sections of the area. Unusually for Scotland, the area has undulating terrain, and climb will not be a major factor on the courses.  
  
Middle Distance: Barr Wood. The area is a contrast to the Long distance area. It is a mixture of natural woodland, plantation and fast open moorland. The central section of the map is used as a Scout Camp and has numerous paths, small enclosures and small rock features. Features tend to be small but clearly defined. There are some short, steep slopes.  
  
**Embargo.** The areas being used for the Competitions are out of bounds to everyone connected with the Championships except the Day Organising Teams.
- 5.8. Information about the climate:  
The weather is mild in Scotland at the end of April. It can be changeable and can vary from warm sunny days to snow showers and it is almost certain to feature rain. Daily temperatures vary between 10<sup>o</sup> - 18<sup>o</sup> Celsius. It will feel much cooler at night.  
Updated weather information can be found at [www.wsko2008.org.uk/](http://www.wsko2008.org.uk/)
- 5.9. National Controller.

Terry O'Brien will act as "National Controller". He will work in close collaboration with the Technical Commission of the ISF and will be in charge of the control of technical aspects, such as the setting of the course, the control points, the printing, the control descriptions and the start and finish.

- 5.10. Official Commissions
  - 5.10.1. Technical Commission of the ISF
    - Karl Keuppens (President TC)
    - Franz Hartinger (Vice President TC)
    - Frances Stone
    - Jacques Milliere
    - Terry O'Brien (National Controller)
  - 5.10.2. Control Commission
    - The Control Commission is composed of a certain number of members of the Technical Commission and the Organising Committee
  - 5.10.3. Disciplinary Commission
    - Jan Coolen (ISF Delegate)
    - Karl Keuppens (President TC)
    - Blair Young (President Organising Committee)
  - 5.10.4. Appeal Jury
    - Karl Keuppens (President TC)
    - Charlie Raeburn (Vice President Organising Committee)
    - Terry O'Brien (National Controller)
  - 5.10.5. Fair-play Jury
    - Jan Coolen (ISF Delegate) will chair this jury
    - Karl Keuppens (President TC)
    - Charlie Raeburn (Vice President Organising Committee)
    - One representative of the coaches (nominated at the second technical meeting) will be an observer.
- 5.11. Website WSCO 2008: <http://www.wSCO2008.org.uk/>  
On this website you will find detailed information about competition - news, weather, start list, online results, maps, photo gallery, ...

## 6. REGISTRATION FEE AND INSURANCE

- 6.1. On arrival each delegation must pay the balance at **40 EUR per person/per night**. Any delegation wishing to arrive earlier or to stay longer than 21st-27th April 2008 must inform the organising committee **before 15th February, 2008** and obtain the approval of the organising committee and pay **40 EUR per person per night** for any further nights that they stay. Each delegation must pay **20 EUR per person** as a levy to the **ISF fund**.
- 6.2. Delegation members in excess of 6 per team (1 coach + 5 runners) and/or maximum of 50 persons must pay **103 EUR per night per additional person**. In case a delegation travels by bus, the bus driver will be considered as an official member of the delegation (and will pay 40 EUR per night).
- 6.3. Delegations paying by cheque (final payment) will, in addition, have to pay for the cheque's commission (bank handling fee).  
Each delegation will be responsible for its team members' insurance (medical, sport injuries and Civil liability).
- 6.4. All members of a delegation must present to the Control Commission a valid International Passport or ID Card.
- 6.5. The Organising Committee will be responsible for the costs of transport in Scotland (including return transport between Edinburgh International Airport or Edinburgh Waverley railway station and the championship location) accommodation, meals, First Aid, technical organisation during the official days of the competitions.
- 6.6. When the distance between the place of an ISF Championship and the capital of a participating country from another continent exceeds 5000 km, the delegation has the right to arrive one day earlier at the normal fee that has to be paid for the stay (40 EUR per person/per night).

- 6.7. Transport from Glasgow Prestwick International Airport can be arranged for Teams at cost price. Please contact the organisers for assistance.
- 6.8. Each delegation will pay a guarantee fee EUR 200 at registration. This fee will be used for covering the costs of any eventual damage in the delegation's accommodation. In the case of no damage, the fee will be returned at the end of the competition.
- 6.9. Every country **must** send the Organising Committee two photos of each member of their delegation for identification and registration purposes (with name and date of birth on the back of the photo).

## 7. BOARD AND LODGING

The Organising Committee is responsible for the lodging of the delegations.  
Secretariat (registration, competition centre, information, first aid) address:

**Edinburgh Central Youth Hostel**  
**9 Haddington Place**  
**Edinburgh**  
**EH7 4AL**

Edinburgh is the Capital City of Scotland and is a popular tourist destination. At the end of April the City will be very busy with visitors from around the world.

The two main accommodations are very Central but the higher than anticipated entry level will require additional bed space which is likely to be outwith the City Centre.

All of the social and cultural events will be held close to the City Centre.

Details of these arrangements will be given in Bulletin 4 which will be issued on arrival.

Board - Board starts with dinner (21st April 2008) and ends with breakfast (27th April 2008). All the competitors will receive meal tickets at accreditation. Competitors will be given the opportunity to prepare a packed lunch at breakfast on each day.

Dining rooms are situated at each accommodation. There will be two sittings at each meal and Teams will be informed of their timings at accreditation. The meal-time schedule is in the programme. Dinner should be ordered and chosen from 2 separate options (meat meal / vegetarian meal) 1 day beforehand.

Please indicate any special dietary requirements on the entry form.

## 8. SOCIAL AND FOLKLORE EVENING (Tourism Fair)

This is an event, which should encourage cultural exchanges between the young athletes of the participating countries in order to present their country and cultural background in a most original way.

Therefore, a tourism fair entitled "**Why you should spend your holidays in my country?**" will be organised. You can provide either folders or videos, photos, folk dances, modern dances, theatre, music or any other original exhibition.

Moreover, every delegation should bring some culinary specialities (drinks or dishes); very limited cooking facilities will be provided. In order to ensure that things run smoothly we need further information regarding your performance, as well as information of the audio-visual equipment you need (video, stereo, screen, ...) Organising Committee will reimburse your expenses up to 50 EUR. (You will need to produce receipts of your purchases.)

Please join us in our efforts to encourage the spirit of ISF by providing a most original contribution.

## 9. OBLIGATIONS OF THE DELEGATIONS

Delegations are bound to stay and pay for their participation in the championship from the first to the last day. They must participate in the Opening Ceremony, Long and Middle Distance Competition, Cultural Events, Cultural Tour, Tourism Fair, Friendship Team Event and Closing Ceremony. Any delegation refusing to participate in any of the above events will be liable to ISF disciplinary action.



## 10. PARTICIPATING COUNTRIES

### ENTRIES RECEIVED FOR WSCO 2008

COUNTRY	SCHOOL TEAMS				SELECT TEAMS				TOTAL NO ATHLETES
	H1	H2	D1	D2	H1	H2	D1	D2	
Austria	5	5	5	5	5	5	5	5	40
Belgium Flanders	5	x	5	X	5	x	5	X	20
Belgium Fr	5	5	X	X	x	x	X	X	10
Belgium D	X	X	5	5	X	X	X	X	10
China	4	5	5	4	x	5	x	x	23
England	5	5	5	5	5	5	5	5	40
Estonia	5	X	5	5	5	X	X	X	20
Finland	4	X	X	X	X	X	X	X	4
France	5	X	5	X	x	X	x	X	10
Ireland	x	2	x	5	X	X	X	5	12
Israel	5	5	5	5	5	5	5	5	40
Italy	5	x	5	x	x	x	x	x	10
Latvia	4	3	5	4	5	5	5	5	36
New Zealand	X	X	5	5	X	X	X	X	10
Poland	X	5	X	5	X	5	X	5	20
Portugal	5	5	5	5	X	X	X	X	20
Scotland	4	5	5	3	1	4	4	4	30
Scotland B	X	4	5	x	X	X	X	X	9
Slovakia	5	5	5	X	5	5	5	X	30
Slovenia	5?	3?	5?	3?	3?	1?	4?	x	24?
Spain	5	X	5	X	5	X	5	X	20
Sweden	5	X	5	X	5	X	5	X	20
Turkey	5	X	5	X	X	X	X	X	10



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## 11. ISF FAIR PLAY TROPHY

During the Meeting of all of the Heads of Delegations and during the first technical meeting for coaches, the ISF Delegate will distribute a form to the Heads of Delegations, the members of the OC and the members of the TC. All persons above are invited to hand in the form to a member of the Fair Play Jury one hour after the last team has finished the Friendship Team Event. The Heads of Delegations are invited to fill out their form after consultation with their coaches and students.

For the nomination there are some criteria to take into consideration.

- Noticeable sporting acts or acts of fair play during the competitions. (e.g. helping an injured competitor in the forest, or lending an item of equipment).
- Sporting attitude during:

- Model Event – training
  - Cultural Event
  - Ceremonies
  - The complete stay
- Noticeable acts of kindness, good behaviour in the spirit of ISF (cultural, sporting, etc) during the whole meeting.

The Fair play jury will decide a laureate on the basis of the available forms and information given.

## 12. INFORMATION

ISF WSCO 2008 – Blair Young  
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<http://www.wSCO2008.org.uk>

